



Physical Education—Intent

We aim to develop well balanced children who are confident communicators, attentive listeners, and a culture of self-improvement. Delivering a fun, high-quality and ambitious Physical Education curriculum that inspires all our children to flourish and shine is at the heart of our curriculum. We specifically tailor our PE Curriculum to suit the children's requirements, making learning more effective and meaningful. Our overall aim is to secure confidence and competence preparing them for future learning, life, and employment.

PE is a vital element of the curriculum, which develops a need for healthy lifestyles, fitness, a balanced diet, good mental health, growth mind-set and the resilience to persevere. These are key areas which our children build on from EYFS to Year Six. We are passionate about the need to teach children the knowledge of how to work together and act as a team, embedding life-long values.

We provide opportunities to take part in activities that build on character and help to embed values such as fairness and respect. Our ambitions are for our children to work as part of our diverse community through sport, providing them with cultural capital, taking part in competitions and applying the personal and practical skills we teach.