

EYFS: I can ...

make small and large movements showing good control.

be healthy by making healthy food choices, and be active.

play well and take turns with others.



use equipment safely.

listen carefully to others' ideas.

follow the rules of a game with others.

EYFS

Expected

Children show good control and coordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment effectively. Children know the importance for good health of physical exercise and a healthy diet, and talk about ways to keep healthy and safe. Children play cooperatively, taking turns with others. They take account of one another's ideas about how to organise their activity.

Exceeding

Children can hop confidently and skip in time to music Children know about and can make healthy choices in relation to healthy eating and exercise. Children play group games with rules.