

#HelloYellow

YOUNGMINDS



3rd October 2025

Dear parents and carers,

We are writing to let you know that **St John with St Augustine** is taking part in #HelloYellow on **Friday 10th October 2025** this World Mental Health Day.

The number of young people in need of mental health support is growing faster than ever. Most young people aren't getting the help they need, and this can't go on.

That's why this year #HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported. **We couldn't not get involved.**

We'll be joining thousands of other schools by wearing yellow to show young people that how they feel matters, as well as raising money for YoungMinds. To take part, **students can wear yellow to school on Friday 10th October**, and we ask parents and carers to consider making a donation to YoungMinds.

We're confident that taking part in #HelloYellow will show our young people that they're not alone with their mental health. **Together, we can create a brighter future for children and young people.**

Kind regards,

Mr Proctor
Headteacher

**THIS
MATTERS**

**JOIN
THE FUN**

**MY FEELINGS
MATTER**